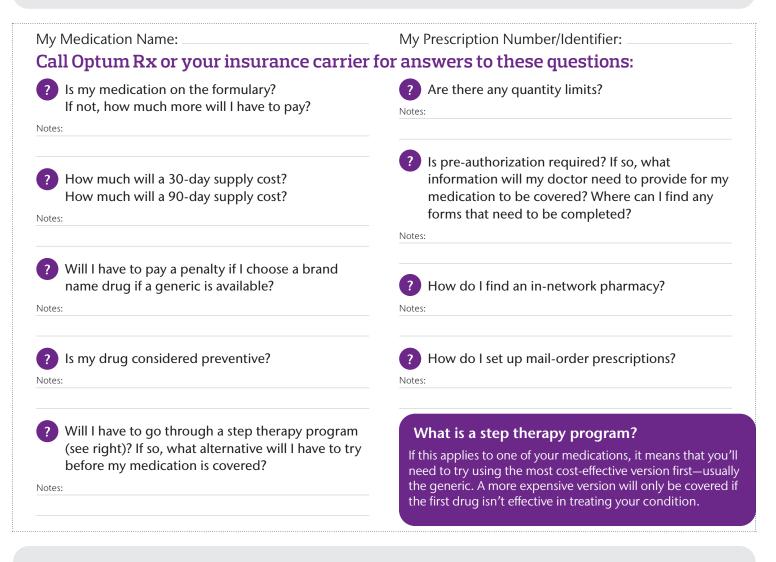


Prescription Drug Transition Worksheet

Use this worksheet for your own personal reference to make sure you're prepared to get your prescriptions. Fill out a separate worksheet for each medication.

Note: If you enroll under Aetna, Blue Cross and Blue Shield of Texas, Cigna, or UnitedHealthcare, your pharmacy benefit manager will be Optum Rx. All other carriers will manage their own prescription drug coverage.



Did You Enroll in Bronze or Bronze Plus?

If so, when the new plan year begins, you'll pay the **full** cost of a drug's discounted rate until you meet the combined medical and prescription drug deductible. If you or a covered family member takes maintenance medications, you can take steps to protect your health and your wallet **now**.

For starters, keep taking and refilling your medication as directed (as always).

Then, if you or a covered family member takes a brand name drug, consider these ways to lower your costs:

Make sure your prescription is on the formulary.

A **formulary** is a list of generic and brand name drugs that are approved by the Food and Drug Administration (FDA) and are covered under your prescription drug plan.

Check with your pharmacy benefit manager or carrier to make sure your drug is listed on the formulary **before** you fill it. If it isn't, you'll pay more.

Go generic.

Generic drugs meet the same standards as brand name drugs, but they **typically** cost less. And, because brand name drugs can be expensive, some pharmacy benefit managers and carriers don't cover them **at all** if a generic is available. Ask your doctor if a generic is available to you.

Use mail order.

Mail-order service can save you a trip to the pharmacy and may reduce your costs. To set up mail order, you'll likely need a new 90-day prescription from your doctor. And, because mail order can take a few weeks to establish, it's a good idea to ask your doctor for a 30-day prescription to fill at a retail pharmacy in the meantime.